

*Highland Ave. Community Church  
Jan. 11, 2009*



*If I speak in the tongues of men and angels, but have not love, I am only a resounding gong or a clanging cymbal. If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have a faith that can move mountains, but have not love, I am nothing. If I give all I possess to the poor and surrender my body to the flames, but have not love, I gain nothing.*

**1 Cor. 13:1-3 (NIV)**

**Sunday Morning Notes:**

*Life by the Spirit*

*[16] So I say, live by the Spirit, and you will not gratify the desires of the sinful nature. [17] For the sinful nature desires what is contrary to the Spirit, and the Spirit what is contrary to the sinful nature. They are in conflict with each other, so that you do not do what you want.[18] But if you are led by the Spirit, you are not under law.*

*[19]The acts of the sinful nature are obvious: sexual immorality, impurity and debauchery; [20] idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions [21] and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God.*

*[22] But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, [23] gentleness and self-control. Against such things there is no law. [24] Those who belong to Christ Jesus have crucified the sinful nature with its passions and desires. [25] Since we live by the Spirit, let us keep in step with the Spirit.*

**Galatians 5:16-25 (NIV)**

*[18] Dear children, let's not merely say that we love each other; let us show the truth by our actions. [19] Our actions will show that we belong to the truth, so we will be confident when we stand before God.*

**1 John 3:18-19 (NLT)**

*For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline.*

**2 Tim. 1:7 (NIV)**